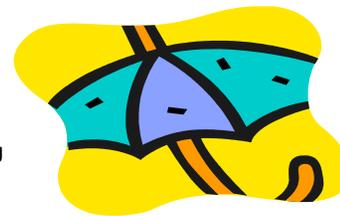


APRIL



2022

WDM United
Early Learning



Methodist
Preschool Newsletter

old, 2 year old, and Young 2 year class March 28-April 1. When conference, please come to signs will be posted. contact your child's teacher.

Spring Conferences— All 3 year old conferences will be held during arriving for your child's Room 212. Directional For questions, please

Week of the Young Child—Week of the Young Child will be held April 2-8. Did you know that there are approximately 2000 days from birth to the first day of kindergarten? The first 2000 days of a child's life can have a PROFOUND and LIFELONG impact on physical and emotional wellbeing, readiness to learn and succeed, and ability to become a productive citizen. Celebrate your child!! The Week Of The Young Child is an annual event sponsored by the National Association For The Education Of Young Children. This year is the 51st year anniversary!! Community Partners around Des Moines have teamed up to provide events to celebrate young children and their families with events all week such as Kick-Off Saturday, Music Monday, Tasty Tuesday, Work Together Wednesday, Artsy Thursday, and Family Friday.

Prek AM & PM Classes Fieldtrip To Hillside Elementary School—All Prek classes will go on a fieldtrip April 28, to Hillside Elementary School just up the street from our Preschool. We will walk to the school and then the building, learn about the library, listen to a story, and play outdoors on the kindergarten playground. What fun!!

3's Preschool Spring Program —Save The Date—all of the 3 year old classes will be having spring programs! We have been practicing very hard and cannot wait! The programs will be held in the Friendship Room (directional signs will be posted). Please join us—
Tuesday, May 17 AM Class 11:00am
PM Class 2:30pm

3's, 2's, and Young 2's Classes Outdoor Park Day—Save The Date—To make the end of the school year extra special the 3's, 2's, and Young 2's classes will be spending their last day of preschool at Wilson Park in West Des Moines. Please join your child and spend the morning at the park on his/her last day of preschool. Wilson Park is located at 298 9th Street in West Des Moines. We will meet at the park at 9:00am for the morning classes and at 12:30pm for the afternoon class. This is always a fun way to spend the last day of preschool and to say our sad goodbyes. Parents may bring a snack for themselves and their child. Class will dismiss at the usual time of 11:30am for the morning classes and 3:00pm for the afternoon class. If the weather is questionable, please note that class will be held at the park if the temperature at 9:00am and/or 12:30pm is 55° or higher and it is not raining or misting. If the weather does not meet these guidelines, classes will meet at the school. Please join us—
Wednesday, May 18 3's MTW AM, 2's MTW AM, & YOUNG 2's M/W AM Classes 9:00am
3's MTW PM Class 12:30pm
Thursday, May 19 YOUNG 2's T/Th AM Class 9:00am

Prek Preschool Spring Program and Graduation Ceremony—Save The Date—Prek classes will hold Spring Program and Graduation Ceremonies!! We cannot believe we are graduating! The programs will be held in the Friendship Room (directional signs will be posted). Please join us—
Thursday, May 19 AM Class 11:15am
PM Class 3:00pm

S.P.A. (Summer Preschool Adventure)—Have your child join us for a fun filled week of activities at our S.P.A. Camp May 23-26. This year we will be "camping" as we spend a fun filled week!! Registration forms have been sent home with your child. S.P.A. will meet 9:00-11:30am each day. The cost is \$110.00. Contact Nancy Setchell with any questions or to enroll your child for this fun week!

Preschool Orientation for 2022-2023 School Year—Save The Date—
Thursday, August 25 All Classes 5:00pm Church Sanctuary
You may pick up your child's paperwork starting at 4:45pm. Our meeting will start at 5:00pm and will last about 45 minutes. Please plan to attend.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| <p>March 28</p> <p>Conferences— 3's MTW am & pm and Young 2's M/W AM classes</p> <p>TUITION DUE: Young 2's— 2's— 2's— 3's— 3's—</p> | <p>March 29</p> <p>Conferences— 3's MTW am & pm, 2's MTW am, and Young 2's T/Th am classes</p> <p>M/W & T/Th am MTW am ThF am MTW am MTW pm</p> | <p>March 30</p> <p>Conferences— 2's MTW am and Young 2's M/W am classes</p> <p>\$145.00 \$215.00 \$145.00 \$175.00 \$165.00</p> | <p>March 31</p> <p>Conferences— 2's ThF am and Young 2's T/Th am classes</p> | <p>April 1</p> <p>Conferences— 2's ThF am class</p> |
| <p>WEEK 4</p> | <p>OF 5</p> <p>Scholastics Orders Due</p> | <p>THE 6</p> <p>Panda Spirit Day—Prek MTWTh am & pm, 3's MTW am & pm, 2's MTW am, and Young 2's M/W am classes wear your Panda t-shirt to school</p> | <p>YOUNG 7</p> <p>Panda Spirit Day—2's ThF am and Young 2's T/Th am classes wear your Panda t-shirt to school</p> | <p>CHILD 8</p> |
| <p>11</p> | <p>12</p> | <p>13</p> | <p>14</p> | <p>15</p> |
| <p>18</p> | <p>19</p> | <p>20</p> | <p>21</p> | <p>22</p> |
| <p>25</p> | <p>26</p> | <p>27</p> | <p>28</p> <p>Hillside Elementary School Fieldtrip— Prek am & pm classes</p> | <p>29</p> |



HELPFUL PARENTING TIPS

5 THINGS TO KNOW ABOUT PLAY

Below is important information from The National Association for the Education of Young Children. Play is important work for children!! So, it is ok and actually a good thing if they just play some times. Here are 5 things to know about play:

1. Play is how children learn. Children learn and develop cognitive skills, physical abilities, new vocabulary, social skills, and literacy skills.
2. Play is healthy. Play helps children grow and counteracts obesity issues facing many children today.
3. Play reduces stress. Play is joyful and provides an outlet for anxiety and stress.
4. Play is more than meets the eye. Play is simple and complex. There are many types of play—symbolic, sociodramatic, functional, and games with rules—to name just a few.
5. Play and learning go hand-in-hand. They are not separate activities. They are intertwined. Think about them as a science lecture with a lab. Play is the child's lab.

**Maybe we could all use a good dose of play right now—
try to take this opportunity for you, too!**



CREATIVE CORNER

Take Advantage Of Music's Charm
provided by Heartland Area Education Agency 11

Most people like and respond to music. No one knows exactly why, but music makes us smile and it also calms children. Here are a few fun, not-so-common ideas to get started enjoying music with your child—

Roll Around The Clock: Put on a song with a good, strong beat and get down on the floor and roll! Yes, it sounds silly, but it is a guaranteed 'pleaser' activity with children. Some people have been known to even laugh out loud!

March To The Beat: Give your child a hat and noisemaker (you could make your own from simple, safe kitchen items such as a wooden spoon and plastic bowl). Then march to the music! This is an excellent experience for learning about rhythm and matching the movement with the sound of the music.

Line Dancing: Hold hands with your child and teach him/her a few simple steps you can do together. Or if you know the words to the song, sing along! Children LOVE to dance with mom or dad!!

The Bunny Hop: Remember the Bunny Hop? If you do, then teach it to your child. If not, make up your own energetic dance and have your child name it!

All of these activities are great fun and a good way to get rid of that extra energy (theirs not yours).

Happy Dancing!! 